

## Honesty Assessment

I want to acknowledge the creator of this assessment. If I knew your name, it would appear right here!

Answer the following questions:

1. Do I do what I say I'm going to do?

Never      Sometimes      Often      Always

2. When I don't do what I say I'm going to do, do I make excuses?

Never      Sometimes      Often      Always

3. Am I responsible and reliable; can people count on me to get things done?

Never      Sometimes      Often      Always

4. Do I blame others?

Never      Sometimes      Often      Always

5. Do I own my own mistakes?

Never      Sometimes      Often      Always

6. Do I apologize for my mistakes?

Never      Sometimes      Often      Always

7. Do I make amends for my mistakes in a way that demonstrates I accept responsibility?

Never      Sometimes      Often      Always

8. Once I realize that I can't do what I said I was going to do, do I communicate that in a timely, truthful fashion to the other party?

Never      Sometimes      Often      Always

9. Do I inquire about the other party's needs, wants, beliefs, feelings?

Never      Sometimes      Often      Always

10. Do I listen to others on a deep level so that I understand how my behavior impacts them?

Never Sometimes Often Always

11. Am I a fair in my dealings with others?

Never Sometimes Often Always

12. Do I act motivated by justice?

Never Sometimes Often Always

13. Do I cheat if I think I can get away with it?

Never Sometimes Often Always

14. Do I have faith and confidence in my ability to deliver?

Never Sometimes Often Always

15. Do I tell the truth?

Never Sometimes Often Always

16. Do I know how to present difficult messages truthfully in a way they can be hard?

Never Sometimes Often Always

17. Do I know how to manage the timing when I have to deliver a difficult message?

Never Sometimes Often Always

18. Do I keep confidences; can people count on me to keep what they tell me confidential?

Never Sometimes Often Always

19. Do I stand up for others; can I be counted on to have someone's back?

Never Sometimes Often Always

# SUSAN BOCK

COACH AUTHOR SPEAKER

20. Do it quietly throw others under the bus to position myself better?

Never Sometimes Often Always

21. Do I put myself first, above everything and everyone else?

Never Sometimes Often Always

22. Do I have a set of moral guiding principles to which I adhere?

Never Sometimes Often Always

23. Do I bend the rules according to my needs?

Never Sometimes Often Always

24. Do I act in a highly professional manner?

Never Sometimes Often Always

25. Do I feel that my actions are honorable?

Never Sometimes Often Always

What steps will you take this year, to enhance your level of personal honesty in order to create a foundation on which you can develop solid relationships throughout the year, thus increasing your leadership ability?

What do you need to do differently?

1.

2.

3.

4.

# SUSAN BOCK

COACH AUTHOR SPEAKER

What needs to change?

- 1.
- 2.
- 3.
- 4.

How will you make that change?

- 1.
- 2.
- 3.
- 4.



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